

# The FOC'S'LE

Hunterdon Sailing Club, Inc.

JULY 2005

NO. 395

## New Members



A warm welcome to the new members who attended the sailing introduction talk, led by Brent & Barbara Benson on June 2:

Front Row: Chelsea Brooks, Pat Revalski, Connie Fazekas, Sarah Ho, Michael Incantalupo.

Back Row: Dave Brooks, Dave Recame, Andrew Recame, Anne Freeman, Andy Wang

## Future Champion



*Simon Bertocci working on his racing skills at the Sunfish Clinic held at HSC on 18th and 19th June*

## Little Brown Jug LBJ Regatta Monday, July 4 Sailing and Picnic

A Little Brown Jug (actually quite large) is the perpetual trophy for this annual regatta and there is a smaller Little Brown Jug for the winning crew. The fun race is sailed in any legally rigged boat using the pursuit handicapping system. Slow boats start first, fast boats later and the first across the finish line is the winner.



### Sailing information:

The skipper's meeting is at 11:00 am with the first boat starting about noon. At the meeting, you will be given information about the race course which will be set to provide a tour of the lake. There will be one race intended to last about 1 hour and 40 minutes. The objectives are to see the lake, not get too serious, and have fun, with emphasis on the fun.

### Picnic information:



Reservations must be made by contacting Elliot Zimmerman at 908-889-0858, or to [elliottzimmerman@comcast.net](mailto:elliottzimmerman@comcast.net). Let Elliot know how many adults and children so that we can gauge the need for soft drinks, burgers and dogs.

Your contribution will be \$5 per adult or \$10 per family. Picnic to follow the race.

If your last name begins with A-M, bring a salad.

If your last name begins with N-Z, bring a, dessert.

Or, bring anything else you might like to serve.



## Commodore's Corner

### Fleets

The Spring Series is over, and it's time to see who is in the lead for the Outstanding Fleet Award. For those who've forgotten, never heard or couldn't understand the formula, this award is given to the fleet that excels in participation (based on the number of qualifiers,) growth in participation (based on the % increase in qualifiers) and on an objective measure of attempts at communication (based on the number of class sponsored regattas, but found that number very hard to track. This year, and for all years forward, that last measure will be dropped, and the 10% will be divided between number of qualifiers and increase in qualifiers. So, for those not already confused, here's the formula and current status for qualifiers only:

#### Number of qualifiers = 55%

Jets – 4  
 Force 5 – 4  
 Sunday Sunfish – 1  
 Laser – 1  
 Albacore – 1  
 Flying Scots - 1

#### Growth in qualifiers = 35% (# shown is percentage of last year's total)

Force 5 – 80%  
 Laser – 50%  
 Albacore – 50%  
 Flying Scots – 50%  
 Jets – 20%  
 Sunfish – 8%

#### #Months off articles = 10%

It's anyone's trophy.

### New Members

We are welcoming many new members into the club. Training is underway, thanks to the efforts of lead trainers Doug, Brent and Nicky, along with their long list of volunteers. When training ends, we all need to work to make these folks welcome and involved in Club activities. Bob Orr and his daughter Kaitlyn will be leading the effort to bring these folks into more Club activities. I will be working closely with them, but everyone needs to reach out to say hello, seek crew, and, of course promote your own fleet. But first, as we say in sales training, find out about their needs and interests. Don't be selling a Force 5 or Laser to someone looking to sail with their family, and don't push sloops on the solo sailor.

I look forward to seeing many of you on July 4.

Rich Baumann

## Force 5 Mid Atlantics

The Championship was run at Spruce on Saturday and Sunday, June 4-5, with beautiful blue skies and some passing white clouds but with a lack of decent wind.

On Saturday it was just lacking. But on Sunday morning's 4 races there was little wind some of the time interrupted by mini gales from one direction or another and in one place or another. One time I saw Courtney shift from starboard tack to port tack with hardly any change in direction. Another time I saw a puff coming, got ready for it, the wall hit me and I was taking on water before I could react.

Of course the good guys came through, regardless of the funny wind. Doug Brown won, followed by Bob Cullen, Courtney Young, Byron Hicks and Rich Baumann. Bob's buddy from Connecticut won the Challenger award. All their races were not necessarily good ones. Their throwouts in the 8 race series were 6, 6, 6, 8, 8 and 8 out of 9 boats. We had a tenth boat but he quit after the first race.

Saturdays 4 races produced 4 sailors within 2 points of each other. Were we to project the planned throwout the leader, who broke a tie with the second place sailor, would go to 4th place and the other 3 would all have the same total. Sunday's 4 races scrambled Saturday's results.

Our congratulations to Brent Benson, Charlie Engler and their race committee crews for running a successful event under very trying conditions. We all appreciated their efforts.

Place	Boat #	Skipper	Net Points
1	4400	Doug Brown	15
2	512	Bob Cullen	17
3	3052	Courtney Young	22
4	1172	Byron Hicks	24
5	2	Rich Baumann	26
6	6464	Tom Welsh	42
7	8039	Susan Mallows	45
8	6667	Ray Buchanan	46
9	1099	Rodger Hall	60
10	2048	Peter Hilgendorff	74

Ray Buchanan

### Sunfish Hull Cover Made by Storm

Used when Sunfish is stored or trailer upside down. New, never been used. Layline is selling them for \$208 + shipping. I'm asking \$175.

Andy Lindgren 973-226-1553 or lindgrenhsc@comcast.net

# HSC Calendar - July and August

Date	Event	RC Chair	RC Committee
3-Jul	Try a Boat 11 AM (members ride on various boats)	Nick Mentessana	Morrissey, Holmsborg, L Kelley
4-Jul	Little Brown Jug Regatta and Picnic	Elliot Zimmerman	Brian Wigham, T Maier
6-Jul	Junior Sail Team 2-5 PM	M Califano	A Roswell
9-Jul	Jet 14 "Junior Skipper" Wren Wregatta	TBD	
10-Jul	Jet 14 Open Wren Wregatta Hot Dog Sunday, Flying Scots	R Buchanan	
13-Jul	Junior Sail Team 2-5 PM	R Rosswaag	Rich Baumann
14-Jul- 16 Jul	Adult Learn to Sail; PM	Brent Benson	
17-Jul	Open Fleet Day; "Tuning and Training" 10 AM - Noon	Art Mohan	Joanne Shaver, Issak & Ava Stanley, A Dovletoglou
20-Jul	Junior Sail Team 2 - 5 PM	D Brown	J Miao
23-Jul	Ladies Regatta & Fun Day;	C Smith	VonKaenel, Holmsborg
24-Jul	Albacore Fleet Day "Tuning and Training" 10 AM - Noon Hot Dog Sunday, Albacore	Gordon Sell	Chris O'Gwen, N Einthoven, M Cleaves
27-Jul	Junior Sail Team 2 - 5 PM	R Buchanan	L Kelley
30-Jul	HSC Jr. Series #1 Sunfish Race 1 - 3 PM	R Buchanan	E Greenhorn, J Maio, M Cleaves
31-Jul	BOAT SHOW- 10AM	Zimmerman	D Brooks, M Pillon, R Mattison
3-Aug	Junior Sail Team 2 - 5 PM	N Maier	C Fischer
6-Aug	SANJL Jr Sunfish Open - #2 Spruce Run	Susan Mallows	
7-Aug	"Tuning and Training" Day 10 AM- Noon	Susan Mallows	Jeff Wagner, Anne Mandel, P Thorton
10-Aug	Junior Sail Team 2 - 5 PM	N Einthoven	Morrissey
13-Aug	HSC Jr. Series #2 Sunfish Race 1 - 3 PM	Rich Baumann	Farleys, M Deal, Revalski
14-Aug	Hot Dog Sunday, Open Fleet	Ramon Rosswaag	S Callahan, T Wells
17-Aug	Junior Sail Team 2 - 5 PM	D Davies	T Wells
21-Aug	"Tuning and Training" Day 10 AM- Noon ; Hot Dog Sunday, Force 5	C Ensign	K Brezezinski, Revalski,
24-Aug	Junior Sail Team 2 - 5 PM	D Brown	
27-Aug	Jet Gravy Bowl- District I Championship NJYRA Championship	Bill Waggonner	Waggonner
28-Aug	HSC Jr. Series #3 Sunfish Race 11 AM Hot Dog Sunday Jet 14	George Martin	A DeMatteo, T Brink, Scherrer

Please check your assigned date for race committee. Arrange a swap if you can't make the date for any reason.

# Race Committee Roles

One of the keys to an enjoyable Sunday afternoon for everyone racing at HSC is that the race committee performs their work correctly and crisply. Racers rely on the Race Committee (RC) to run the starting sequence accurately with visual and sound signals precisely on time.

The best way for the race committee chair to ensure that the starting sequence goes well is to make sure that everyone on the committee boat has a clearly defined role. Depending on how many people are supporting the RC Chair, sometimes an individual might have more than one role. For example, it is common at HSC for the RC chair to also be the timer and sounder.

Roles that need to be assigned for the starting sequence are:

**Race Committee Chair:** assigns role and makes all the major race management decisions.

**Timer:** calls the time sequence aloud so that the start can be properly run.

**Sounder:** in charge of making the sound signals that draw racers' attention to the visual signals.

**Flag person:** raises and lowers the start sequence shapes as required. Raises other flags immediately if a boat or several boats have started early.

**Line Watcher:** Concentrates on the imaginary line between the start line standard (white flag) and the front of the start line mark without distraction. At the start of each race, sights down the starting line to identify boats on the course side of the line at the start. Tracks boats returning to start.

**Yeller:** Yells the sail numbers of boats that have crossed of the line and started early.

**Recording Secretary:** Logs the racers names and boat numbers as they arrive on course and hail the RC. Records the order racers finish and finish times for the open classes.

Below is a typical sequence prior to the warning signal. The key is team coordination. The Timer begins the countdown for the starting sequence at the direction of the RC chair. At the precise instant that the timer calls "NOW", the Sounder sounds the horn and the Flag person raises the shape to the top of the mast.

The process of calling out the countdown is repeated for every signal in the sequence including the PREP and START shapes for

Time on watch	RC Chair	Timer	Flag person	Sounder
<b>30 seconds prior to warning signal</b>	"Stand by for yellow shape and sound"	Timer starts calling the countdown to the warning signal: "30 seconds to shape and sound"	Shape at bottom of standard	
<b>20 seconds</b>		"20 seconds"	Make sure the shape halyard is clear for lift	Make repeated short horn blasts to attract sailors' attention to the impending start of the sequence.
<b>10 seconds</b>		"10 seconds"	Keep halyard taut and shape below the line of sight.	
<b>5 seconds</b>		"5, 4, 3, 2, 1"	Prepare to raise shape, but don't raise it	
<b>Warning Signal</b>		"NOW"	Lift shape to the top of standard	Press HORN

each fleet. The RC team needs to stay focused on the task. Hold all conversation until after all the fleets have started successfully. It is very easy to become distracted and miss or delay a signal.

Additionally, the Line Watcher job gets most intense at the exact moment a race starts. This person needs to limit their focus to the starting line and be certain of the exact position of the line. Different people have different techniques for maintaining their concentration. Some people close one eye to sight down the line. Others hold the top of the white start line flag, behind the standard to restrict the view downwind of the start line.

Elliot Zimmerman  
Derek Stow

# Laser Fleet

## Excellent Start for HSC Laser Fleet

Congratulations to everyone who sailed a Laser in the 2005 Spring Series. It was an impressive start to our first full season as an official HSC fleet. 10 different skippers sailed in the series, a record that was only surpassed by one other fleet. We were also one of only two fleets that had boats out every week. And this was only a start - I know of several other Laser sailors planning to join us over the next few weeks.



## Lasers for Youth

When I travel to Laser regattas one of the things I always notice is the large number of young people under 18 racing Lasers. For example, last weekend at Island Heights for the district championships there was a large turnout of boys and girls sailing in Radial and Full Rigs. With HSC's use of Sunfish as a training boat we tend to lose sight of the fact that the vast majority of yacht clubs across the country use Laser Radials as their single-handed youth training class.

The other day I saw some statistics about college sailing, a survey of what single-handed boats are used in colleges across the country. (See table below from collegesailing.org.) The message is pretty clear - if you are a single-handed sailor hoping to impress a college sailing coach and to sail on your college team, then you had better get some solid Laser sailing experience during your high school years.

Kaitlyn and David Orr are already sailing with the HSC Laser fleet. How many other juniors will join them?

Class	Number of College Fleets	Number of Boats	Percentage of Total
Laser	66	360	93.5
Sunfish	4	23	6.0
Byte	1	2	0.5

## Buying a Laser

We would welcome new sailors to the fleet especially from members taking the learn to sail classes. I bought my first Laser as soon as I learned to sail; actually it's probably truer to say that I *really* learned to sail properly *after* I bought the Laser. So I can speak from experience - it's an ideal boat for beginners.

So if you too are looking to experience the gold standard in single-handed racing sailboats, you will need to buy a Laser. Here are some good places to look for second-hand Lasers on the internet..

The Laser Sailboat Forum [www.laserforum.org](http://www.laserforum.org)  
 (Also a good resource for discussion of all aspects of Laser sailing).

Vanguard Sailboats [www.teamvanguard.com](http://www.teamvanguard.com)  
 (Click on Resources then Used Boats).

eBay [www.motors.ebay.com](http://www.motors.ebay.com)  
 (Look under Boats, Sailboats then Sailboats under 20 feet).



## Laser Books

If you are just starting out in Lasers or looking to move up the fleet then you will have lots of questions about how to make the boat go fast. As the class is so popular, there are many excellent resources, books, CDs available. Here are two I would recommend.

The Complete Introduction to Laser Racing - edited by Ben Tan. Written by a team of experts this covers everything about Laser racing from boat setup, sail tuning and straight line speed to fitness, psychology and nutrition.

The Laser Campaign Manual - by Ben Ainslie. Worth it for the many excellent pictures of Olympic gold medallist Ben Ainslie showing exactly how to sail the boat on all points of sail and all wind strengths. On top of that there is a CD in which Ben demonstrates key skills.

## Jet 14

### Wren I and Wren II Wregattas at HSC Notice of Races

WREN I ..... WILL BE HELD SATURDAY, JULY 9, 2005 AT SPRUCE RUN RESERVOIR, CLINTON, NJ, AND HOSTED BY THE HUNTERDON SAILING CLUB'S JET 14 FLEET 51.

THIS PROMISES TO BE A VERY UNUSUAL EVENT DESIGNED TO BE A FUN EXPERIENCE FOR JUNIOR SKIPPERS (19 OR YOUNGER, BUT WHO MAY SAIL WITH CREWS OF ANY AGE), AND MALE AND FEMALE ROOKIE SKIPPERS, ALL OF WHOM MIGHT GAIN FROM THE EXPERIENCE OF SAILING IN A LOW-KEY REGATTA CONSISTING OF MANY SHORT RACES. CREWS OPEN. ALL BOATS WILL START TOGETHER. 5, 4, 1, 0 STARTS. CLUB OR CLASS MEMBERSHIP NOT REQUIRED.

Registration: 10 TO 11 AM...coffee and donuts and bottled water. Skippers meeting: 11 AM. Fee: \$10 per boat Bring your own lunch. First race at noon. No race will start after 3:30 PM. No throw-outs.

Trophies include top 3 junior skippers, youngest junior, top 3 female skippers, top 3 rookie skippers and the world famous Striver's Award (last place).

CAMPING AVAILABLE AT SPRUCE RUN:  
CALL 908-638-8572 for reservations. \$15/nite includes park entry.

We will help you find boats and crews. Contact Charlie Smith at [cwsmith1124@comcast.net](mailto:cwsmith1124@comcast.net) or Charlie Engler at [che1129@yahoo.com](mailto:che1129@yahoo.com)

NOTE .....CONNOR SCHWENK PLANS TO BRING DIRK !!!

WREN II.... WILL BE HELD SUNDAY, JULY 10, 2005. AT SPRUCE RUN. OPEN TO ALL JET 14 SAILORS

Registration: 9:00 to 9:30 AM  
Fee: \$10 per boat. includes coffee and donuts and bottled water

Skipper's meeting 9:30. First race 10:30.

Come in for lunch THIS IS A HOT DOG SUNDAY!  
Afternoon races (HSC club races) start at 1:30. One throw-out if five races are sailed.

Trophies for top 4 skippers and crews!

Charlie Engler

## Sunfish Fleet

The HSC Sunfish fleet hosted a racing clinic for Sunfish sailors at Spruce Run on June 18/19th. A group of local expert Sunfish experts passed on their expertise to the students on topics as diverse as steering properly, how to rig your boat like Eduardo and what to do about the voices in your head!

In the picture below former North American Champion Dave Davies is demonstrating.....something.....to Ellen Greenhorn. Will we see this new technique on Wednesday nights?



*By special request, we are continuing with another episode of Nicky Einthoven's account of racing in the 2004 Sunfish Worlds. In the last episode, published in the March Focslé, she has just scored 81st place in the last race of day one.*

After sailing I reread the Sailing Instructions, more carefully now that I have time. The offset mark is there. What exactly is the starting sequence? 10-4-1-go. And the 4 minute flag is either the standard flag, the I, Z, or black flag. It gets lowered at the 1 minute gun, which is a rule I have been hoping they change, I'd like to see that flag up sooner and during the last minute. What does the V flag look like anyway? It is an inverted M flag. They outlawed McLubing the hull! Set stopwatch to be more useful at a 10 minute start. I manage to set it to one minute intervals, so between races I can hit the button ten times to get a 10 minute countdown. This will work.

### Tuesday

The wind is much lighter than Monday. I have the vang and outhauls looser than yesterday, and the gooseneck forward.

We sail out to the race course and start race 1. The course is Windward Leeward, with legs .9 miles long. My start was better than yesterday, but still left room for improvement. It took some work, but I could find a lane with clear air. On the first windward leg I followed the wind shifts, looked for clear air, and went to the right side of the course. On the other windward legs I went left to get less current, and only tacked for the largest windshifts. I pass people throughout the entire race, especially on the second windward leg and both downwind legs. On the last windward leg I duck behind a starboard tacker, who greets me by name in Dutch! I wonder who that sailor is? I memorize the sail number so I can look it up on shore. (It is Steven Smeulders, a past World Champion who I first met at the Sunfish North American Championships in Rehoboth Bay, Delaware, in 1988, when everyone there thought that I was his sister!) OK, half way up the last windward leg I ducked right behind him, I passed a small handful of boats in the remainder of that leg, he passed enough boats to finish 20 points ahead of me! I finished 43rd. I know I can do better. (In past Worlds, I finished in the 70's while people I regularly beat finished in the 30's. I am trying to get past that!)

I was eagerly waiting for the next race so I could improve on this score. The RC wisely decided to wait for more wind. Several times I drifted in the current quite far from the RC boat and sailed back. The current was taking us home. Some sailors decided to vote for abandonment by sailing in. The judges boats went over and pointed out the distance and direction to the RC boat. The RC had binoculars and weather radio and decided to wait. When I am near boats where the skippers are speaking in Dutch, I speak in Dutch too. We were not leaving the RC until they flew an abandonment flag. There were six boats staying close to the RC. We were having delusions of top ten finishes! (If the wind did fill in, they would tow the other boats back, or there would be time for them to sail back while the RC set the buoys.) After a very long wait, the race was abandoned, and they towed us in. The boat towed in front of mine was Hans van Aanholt, the brother of past World Champion Cor, from Curacao. We had been talking in Dutch and he asked where I was from. He knew all the Curacao people and I was not one of them, and there were only 2 sailors from the Netherlands and I was not one of them, so how come we were speaking in Dutch successfully? Tuesday's dinner was included in the entrance fee. I sat with the table of Dutch and Curacao sailors. I got to meet Paul van Alphen's wife Marcella, who has taken up sailing after their wedding. She apparently was eager to meet me because she heard from so many people about the time I sailed in the Open Netherlands Sunfish Championships. She says that I am rather famous in that group of people.

**Wednesday**

The notice board said the RC would attempt to do 3 races. There was a group photo scheduled for 10am, and the first race at noon. The current would slow down as the day went on. I look up Steven, Posy, and Abi. I met Posy's cute cute daughter! The wind was stronger than yesterday, but still rela-

tively light. We left shore before 11am. The RC did not start at 12 noon, they waited for more wind. Race 1, I had a bad start, no clear air, slow boat speed. I finished a dismal 80th place. Abi asked me what I was doing back here since these were my kind of winds and I belong up front. There was a long delay waiting for more wind, but the wind was always stronger than yesterday. A sea breeze of sorts filled in with wind stronger than this morning, but still well below white caps. The RC set a course while the judges boats rounded up the straying sailors. *To be continued.*

Nicky Einthoven

**Hunterdon Sailing Club**

**Officers**

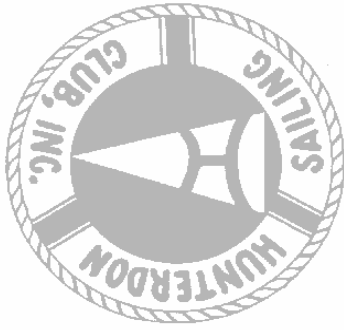
Commodore	Rich Baumann	973-667-4665
Vice Commodore	Elliot Zimmerman	908-889-0858
Rear Commodore	Mark Califano	973-584-2502
Asst. Rear Commodore	Gordon Sell	908-782-4497
Secretary	Andrew Lindgren	973-226-1553
Treasurer	Tom Maier	973-267-4859
Jr. Past Commodore	Brent Benson	610-282-3611

**Staff**

Membership	Ellen Greenhorn	908-713-9346
New Member Liaison	Bob and Kaitlyn Orr	908-832-7553
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Protest Chairman	Doug Brown	201-394-1866
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Web Master	Chet Ensign	973-378-3472
Librarian	Ed Feeley	908-889-0929
State Liaison	Charlie Engler	908-464-5564
NJYRA Representative	Bob Griswold	973-697-6841
Publicity	Ray Buchanan	973-635-7764

**Fleet Captains**

Sunfish	Susan Mallows	908-638-5201
Sunday Sunfish	Nick Mentasana	908-322-8031
Force 5	Ray Buchanan	973-635-7764
Laser	Derek Stow	973-402-8112
Flying Scot	Chet Ensign	973-378-3472
Albacore	Art Mohan	908-526-8506
Jet 14	Charlie Engler	908-464-5564
	Charles Smith	201-435-3694
Open Junior	Brian Wigham	908-475-8565
	Caleb Zimmerman	908-889-0858

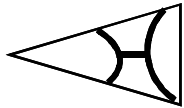


The FO'C'S'LE is the monthly newsletter by and for the members of the Hunterdon Sailing Club. Material is welcome from all members.

Submit copy to the editor at: 64 Lake Drive, Mountain Lakes, NJ 07046 or e-mail to: FocsleEditor@aol.com

Press deadline is the 20th day of the month.

*We're on the Web!*  
[www.sailhsc.org](http://www.sailhsc.org)



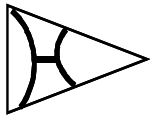
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*The* **FO'C'S'LE**

**JULY 2005**